

Illinois Lutheran School Athlete Guidelines

Students who participate in interscholastic athletic competition shall demonstrate high standards of behavior and sportsmanship. These guidelines remind Illinois Lutheran athletes what is expected.

Integrity

- I will be worthy of trust in all I do.
- I will pursue victory with honor by playing within the rules.
- I will abide by training rules.
- I will be truthful in all circumstances.

Reliable

- I will be present and on time.
- I will fulfill responsibilities given to me by my coaches or anyone associated with my team.
- I will carry through on what I say I will do.
- I will do my best in the classroom so that I remain academically eligible throughout the whole season.

Respectful

- I will respect my coaches and their decisions and follow-through on what is expected of me.
- I will speak with my coach directly when unhappy or confused about my role.
- I will respect the officials and the calls that they make even when I disagree with them.
- I will respect our opponents and all who are associated with their team and their school.
- I will treat with respect all equipment/property of Illinois Lutheran and do the same for our opponents

Teamwork

- I will support my teammates and captains.
- I will show concern for all of my teammates.
- I will interact with all of my teammates and I will not divide my team.
- I will give credit to my teammates when appropriate.
- I will always do my best for the good of my teammates.

Christ-Centered

- I will remain humble with success and give the glory to God
- I will not use inappropriate language.
- I will not retaliate toward an opponent regardless of the situation.
- I will accept defeat with class and dignity.
- I will be a positive representative of Illinois Lutheran.

