

## **Parent Guidelines**

*As the parent of an athlete I understand the importance of my role in their success. In support of my child, I will commit to following the guidelines.*

### **Be a Positive Influence**

- Encourage your child to be the best they can and avoid being overly critical
- Guide your child to remain humble and to give all the glory to God
- Accept & support decisions made by the coaches as decisions they feel are best for the team
- Speak to your child about the importance of rest and nutrition
- Speak to your child on the importance of following training rules and doing well in school
- If your child considers quitting the team, encourage them to keep their commitment

### **Support the School and Your Child**

- Pray for the safety and well-being of our students and coaches
- Pray that all coaches, players, and parents of Illinois Lutheran display Christ's love
- Attend games both home and away whenever possible
- Fulfill any requirements expected in the various activities
- Get involved with your school by helping and participating at activities and fundraisers
- Talk positively about ILS to others

### **Be Respectful**

- Do not approach a coach when "emotional" about your child, rather after a cooling off period arrange a time to have a discussion where both sides can listen and talk in a respectful manner
- Allow the coaches to do their job without interfering from the sideline
- Allow officials to do their job without criticizing them from the sideline
- Give credit to our opponents when appropriate, and show respect to the parents and personnel of the schools we compete against

### **Be Dependable**

- Attend the pre-season meeting to get all of the information about the upcoming season
- Help your child be on time for all games and practices
- Direct your child to communicate beforehand when necessary to miss a practice/game
- Pick up your child in a timely manner after games and practices

*Thank you for all you do to help us enhance the educational experience for your child!*

